

ARE YOU AN AGGRESSIVE  
DRIVER?

Are you an aggressive driver? TBT 11/27/23

## What is aggressive driving?

According to the National Highway Traffic Safety Administration (NHTSA), aggressive driving is when "an individual commits a combination of moving traffic offenses so as to endanger other persons or property."

### Are you an aggressive driver? Do you:

- **Express frustration?**
  - Taking out your frustration on your fellow motorists can lead to violence or a crash.
- **Fail to pay attention when driving?**
  - Reading, eating, drinking or talking on the phone are distracting, and can cause drivers to make sudden, aggressive reactions, and can be a major cause of roadway crashes.
- **Tailgate?**
  - This is a major cause of crashes that can result in serious death or injuries.
- **Make frequent lane changes?**
  - If you whip in and out of lanes to advance ahead, you can be a danger to other motorists.
- **Run red lights?**
  - Do not enter an intersection on a yellow light. Remember, flashing red lights should be treated as a stop sign.
- **Speed?**
  - Going faster than the posted speed limit, being a "road racer," and going too fast for conditions are some examples of speeding.

One of the most dangerous things you will do today is drive.

***Let's think about that for a few minutes.***

- ***How many near misses have you seen this week?***
- ***How many of those near misses were caused by the actions listed above?  
Were those actions your own or another motorist?***
- ***How many times have you become irritated by the actions of another  
motorists? Don't let it negatively impact you're driving.***

**Remember, we can only control our own actions. So, take control of what you can, and be a defensive driver.**