

# Bleeding From the Mouth

## What is it?

Bleeding occurring inside or on the mouth from the teeth, tongue, lip, gums, or cheek.

## Plan of Action:

- If the bleeding is coming from the tongue, lip, or cheek and you can reach it easily, apply pressure with a gauze or clean cloth.
- If you can't stop the bleeding in 5 to 10 minutes or if the person has trouble breathing, call 911.
- If a mouth injury is severe, blood or broken teeth can block the airway and/or be a choking hazard.

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