First Aid Kit

- What should be in your first aid kit?

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OSHA Requires each first aid kit should contain ***at least*** the following:

- Gauze pads (at least 4 X 4 inches)
- Two large gauze pads (at least 8 X 10 inches)
- Box of adhesive bandages (band-aids)
- One package gauze roller bandage (at least 2 inches wide)
- Two triangular bandages
- Wound cleaning agent such as sealed moistened towelettes
- Scissors
- At least one blanket
- Tweezers
- Adhesive tape
- Latex gloves

- Resuscitation equipment such as resuscitation bag, airway, or pocket mask
- Two elastic wraps
- Splint
- Directions for requesting emergency assistance