

# 6 FT Cross Arm Strap Reinforced Instruction Manual



**WARNING**  
This product is part of a personal fall arrest, work positioning, or rescue system. The manufacturer's instructions must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.

**IMPORTANT**  
Read and understand these instructions before using equipment.

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**User Information**

Date of First Use: \_\_\_\_\_

Serial #: \_\_\_\_\_

Trainer: \_\_\_\_\_

User: \_\_\_\_\_

Do not throw away these instructions  
Read and understand these instructions before using equipment

## INTRODUCTION

Thank you for purchasing an SAFEWAZE™ fall protection Cross Arm Strap / Cable Choker. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.

This manual and any other instructional material must be available to the user of the equipment. The user must understand how to safely and effectively use their Cross Arm Strap / Cable Choker, and all fall protection equipment used in conjunction with the Cross Arm Strap / Cable Choker.

## APPLICABLE SAFETY STANDARDS

When used according to instructions, Cross Arm Straps / Cable Chokers included in this manual meet all applicable ANSI Z359 standards and OSHA regulations for fall protection. Applicable standards and regulations depend on the type of work being done, and may include state-specific regulations. Refer to local, state, and Federal (OSHA) requirements for additional information concerning the governing of occupational safety regarding Personal Fall Arrest Systems (PFAS).

## WORKER CLASSIFICATIONS

Understand the definitions of those who work in proximity of or may be exposed to fall hazards.

**Qualified Person:** "Qualified" means one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated his ability to solve or resolve problems relating to the subject matter, the work, or the project.

**Competent Person:** "Competent person" means one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

**Authorized Person:** "Authorized person" means a person approved or assigned by the employer to perform a specific type of duty or duties or to be at a specific location or locations at the job site.

It is the responsibility of a Qualified or Competent person to supervise the job site and ensure safety regulations are complied with.

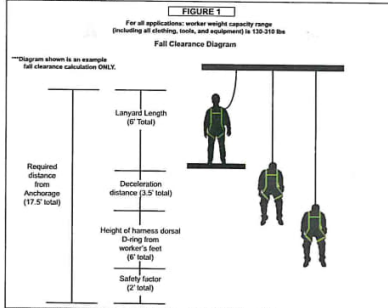
## PRODUCT SPECIFIC APPLICATIONS

Purpose: The SAFEWAZE™ FFS, Extreme, and 6 Line series of Cross Arm Straps / Cable Chokers are designed to be used as part of a Personal Fall Arrest System (PFAS).

- A competent person shall train users on this equipment in accordance with OSHA and ANSI.
- Never exceed a free fall distance of 6 ft. A free fall of more than 6 ft could cause excessive arrest forces that could result in serious injury or death.
- All SAFEWAZE™ Cross Arm Straps / Cable Chokers have a maximum capacity of 310 lbs including any tools, clothing, accessories, etc., unless otherwise noted by SAFEWAZE™.
- Anchorage for attachment of SAFEWAZE™ Cross Arm Straps / Cable Chokers shall support a minimum of 5,000 lbs or be designed with a safety factor of two by a Qualified Person.
- All SAFEWAZE™ Cross Arm Straps / Cable Chokers must IMMEDIATELY be removed from service if subjected to fall arrest forces.
- SAFEWAZE™ Cross Arm Straps / Cable Chokers shall be inspected by the end user prior to each usage and by a Competent Person other than the user at least annually. These annual inspections shall be documented.

## LIMITATIONS

**Fall Clearance:** There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for a MINIMUM 2 safety factor, deceleration distance, user height, length of lanyard/SRL, and all other applicable factors. (See Figure 1)



**Swing Falls:** Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to the line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall. (See Figure 2)

## FIGURE 2



## COMPATIBILITY OF CONNECTORS

Connectors are compatible with connecting elements when they have been designed to work together in such a way that their sizes and shapes do not cause their gate mechanisms to inadvertently open regardless of how they become oriented. Connectors (hooks, carabiners, and D-rings) must be capable of supporting at least 5,000 lbs. Use equipment that is not compatible. Non-compatible connectors may unintentionally disengage (see Figure 3). Connectors must be compatible in size, shape, and strength. Self-locking snap hooks and carabiners are required by ANSI Z359 and OSHA guidelines. Contact SAFEWAZE™ if you have any questions about compatibility.

**NOTE: SOME SPECIALTY CONNECTORS HAVE ADDITIONAL REQUIREMENTS. CONTACT SAFEWAZE™ WITH QUESTIONS.**

## FIGURE 3 - UNINTENTIONAL DISENGAGEMENT



Using a connector that is unrounded or irregular in shape (1) to connect a snap hook or carabiner could allow the connector to force open the gate of the snap hook or carabiner. When force is applied, the gate of the hook or carabiner presses against the non-compliant part (2) and forces open the gate (3). This allows the snap hook or carabiner to disengage (4) from the connection point.

## MAKING CONNECTIONS

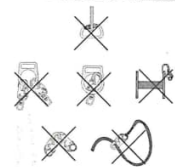
Snap hooks and carabiners used with the equipment must be double locking and/or twist lock. Ensure all connectors are compatible in size, shape and strength. Do not use equipment that is not compatible. Ensure all connectors are fully closed and locked.

- SAFEWAZE™ connectors (snap hooks and carabiners) are designed to be used only as specified in each product's user's instructions. See Figure 4 for examples of inappropriate connections. Do not connect snap hooks and carabiners.
- To a D-ring to which another connector is attached.
- In a manner that would result in a load on the gate (with the exception of toe back hooks). NOTE: Large snap hook must not be connected to objects which will result in a load on the gate if the hook twists or rotates. Snap hooks marked with ANSI Z359.1 or ANSI Z359.12 and are equipped with a 2,000 lb (16 kN) gate. Check the marking on your snap hook to verify its compatibility.

**NOTE:** Large throat snap hooks must not be connected to standard size D-rings or similar objects which will result in a load on the gate if the hook or D-ring twists or rotates, unless the snap hook complies with ANSI Z359.1 or ANSI Z359.12 and is equipped with a 3,600 lb (16 kN) gate. Check the marking on your snap hook to verify that it is appropriate for your application.

- In a false engagement, where features that protrude from the snap hook or carabiner catch on the anchor, and without visual confirmation seems to be fully engaged to the anchor point.
- To each other.
- By wrapping the web lifeline around an anchor and securing to lifeline except as allowed for Tie Back models (see section 4.3).
- To any object which is shaped or sized in a way that the snap hook or carabiner will not close and lock, or that roll-out could occur.
- In a manner that does not allow the connector to align properly while under load.

## FIGURE 4 - INAPPROPRIATE CONNECTIONS



## INSTALLATION AND USE

Place Cross Arm Strap / Cable Choker over compatible structural anchor. Labels MUST face out. For Cross Arm Straps, structural anchor MUST NOT have sharp or abrasive edges or surfaces. Cable chokers are designed to resist wear resulting from contact with sharp or abrasive edges or surfaces, but this contact should be minimized as much as possible.

For Cross Arm Straps / Cable Chokers with large and small D-rings, or with web loop and D-ring, pass small D-ring through large D-ring / web loop, and pull until strap is taut. Cross Arm Strap / Cable Choker may be looped around structural anchor multiple times to reduce excess length. Pass through large D-ring / web loop each time Cross Arm Strap / Cable Choker is wrapped around anchorage.

For Cable Choker with snap hook ends, connect snap hook directly to cable. NEVER attach snap hook directly to cable thimble eye or other snap hook.

For choker cable with thimble ends, connect thimble ends with compatible carabiner.

Connect complete and compatible PFAS to small D-ring, or to cable if applicable. NEVER make connections to large D-ring or web loop. NEVER make more than one attachment per connection point.

## PRODUCT SPECIFIC APPLICATIONS



**Personal Fall Arrest:** SAFEWAZE™ Cross Arm Straps / Cable Chokers may be used to support MAXIMUM of 1 PFAS for use in Fall Arrest Applications. The structure to which lanyard is attached must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum allowable free fall is 6'.



**Restraint:** External Shock, Internal Shock, and Positioning Lanyards are authorized for use in Restraint applications. Restraint systems prevent workers from reaching the leading edge of fall hazard. User must always account for fully deployed length of lanyard/SRL. The structure to which the Cross Arm Strap / Cable Choker is attached must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. NO free fall is permitted. Restraint systems may be used on surfaces with slopes up to 4 / 12 (vertical / horizontal).

All above referenced applications have a worker weight capacity range of 310 lbs (including all clothing, tools, and equipment).

