

Eye Protection

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How many times have you said or heard -- "He should have worn his safety glasses." or "If I had been wearing my safety glasses, I wouldn't have injured my eye."? -- Too many times!

Eye protection begins with the ability to recognize those times that eye protection is needed, and then, to seriously commit to wear the protection whenever necessary. Anytime you're working where there is the potential for flying particles eye protection is required. When using a saw, drill, pouring concrete, chipping, blasting, or handling chemicals just to name a few. Dirt, dust, rust, rock, bits of concrete, etc. are all potential dangers in construction work.

Should a member of your crew get something in their eye seek proper medical attention right away. The longer it stays in the worse it gets. Only a professional should attempt to remove a foreign body from the eye. Cover the eye lightly with a clean pad and either wait for medical help to arrive or take the employee to a doctor.

Don't forget that eye protection is also needed when using chemicals. Make sure you're using chemical goggles and a splash shield. You may need to flush the eyes should they encounter the chemical. Emergency first aid procedures are discussed in the Safety Data Sheets for the chemical. Let's wrap up what we've learned. Eyesight is precious -- and -- irreplaceable. Don't take chances with your vision -- wear eye protection!

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